

WHS Counseling Department Newsletter

IMPORTANT NEWS AND REMINDERS

- → Seniors: Mid-year reports, including updated transcripts will be released to colleges/universities at the end of January. Make sure that the colleges/universities you have applied to are in Naviance so the schools will receive your updated transcript.
- → Juniors: The Counseling Department visited all American Literature classes on November 12th and December 3rd to provide 11th grade students with information about the SAT and ACT and how to prepare for these college admissions tests. The powerpoint from these classroom guidance lessons can be found here: <u>https://docs.google.com/presentation/d/1JW5Yt1dXOqx8ufNvbPhQ3FqCpEtdzwmN/edit#slid</u> <u>e=id.g3137392b72c_0_0</u>
- → 9th grade: Your freshman year of high school is the perfect time to set the stage for academic success throughout the next four years. The grades you earn now can shape your GPA, which plays a crucial role in college admissions, scholarship opportunities, and even future job prospects. Building strong study habits and mastering the basics early on gives you the confidence and skills you need to tackle more challenging coursework as you progress. Good grades in your first year also help establish a positive academic reputation, making it easier to get involved in extracurricular activities, sports, and leadership opportunities. The effort you put in as a freshman will not only help you succeed in high school but also open doors for your future. Start strong—your future self will thank you!
- → All students: Final exams are just around the corner. Get a jump start on preparing for them by completing assignments and study guides, studying notes and handouts, and studying previous tests and quizzes. Remember, your teachers are available to help you before or after school. Be sure to check Schoology for teacher help session availability. The final exam schedule is as follows:
 - Tuesday, Dec 17, 2024: 1st & 2nd period exams
 - ♦ Wednesday, Dec 18, 2024: 3rd & 4th period exams
 - Thursday, Dec 19, 2024: 5th & 6th period exams
 - Friday, Dec 20, 2024: 7th period exams

→ All students: 9th-12th grade students: Small counseling groups are forming now. We are offering a small group for students dealing with grief/loss of a loved one due to death, divorce, deployment, incarceration, or a significant change in family/relationships. We are also offering a small group for students related to overall wellness with a focus on learning healthy coping skills, dealing with setbacks, and healthy communication especially as they relate to anxiety and/or depression. Small groups will meet during school hours. See Ms. Hubbard for a permission form or email her at hubbard.kelly@fcboe.org for more information.

CALENDAR & HELPFUL LINKS

CALENDAR

- December 3rd: SAT/ACT Classroom Guidance Lessons for Juniors
- December 17-20, 2024: Final Exam Week
- December 20, 2024: Last Day of Semester
- December 23, 2024 January 3, 2025: Semester Break

READ MORE ON OUR WEBSITE

HELPFUL LINKS:

- ACT/SAT test dates and registration: <u>www.act.org</u> & <u>www.sat.org</u>
- 17 programs of study for which FREE tuition is available: https://tcsg.edu/free-tuition/
- Kaplan's free SAT and ACT study guide: https://www.kaptest.com/college-prep/free/sat-act-study-guide?utm_source=pc-advisor&utm_mmedium=offline&utm_term=003C00002HoBpjIAF&utm_content=email&utm_campaign=sat_act-study-guide#share

Follow us on Instagram @whitewaterhighschoolcounseling

Counselors:

Mrs. Mask: A-D Ms. Floyd: E-K Mrs. Maddox L-Ri Ms. Hubbard Ro-Z Assistant Principal & Registrar: Mrs. Rufenacht

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